
Don't wait for New Years.



Quit & Stay Quit Monday, the January of the week.

Quit  & Stay Quit
Monday
Recommit to quit.



**If at first you don't
succeed,
quit, quit again.**

**Quit  & Stay Quit
Monday**
Recommit to quit.



**Monday
is quitting time.**

Quit  **& Stay Quit
Monday**
Recommit to quit.